

1000 PEOPLE PARTICIPATED IN THE LAST SUNDAY JUNE 23RD – INTERNATIONAL DAY OF YOGA – IDY – 2013 – LISBOA

Organization of the YOGA PORTUGUESE CONFEDERATION
With the support of the LISBON CITY HALL, INATEL FOUNDATION,
PORTUGUESE OLIMPIC COMITE and NATIONAL PLAN FOR ETICHS IN SPORTS



More than 1000 practitioners in the International Day of Yoga - IDY – Mega Yoga Class - Mahá Shakti Namaskára

The city of Lisboa has become one more time the International center of the Grand Celebration of the International Day of Yoga - IDY. Associated to this First Inter Ethnic, Inter Cultural, and Inter Religious World Day, the Day of Light, when the Human DNA is celebrated, were present The City Councilmen of Sports and Education of Lisbon's City Hall - Dr. Manuel Brito, Dr. Maria Barroso, the Ambassador of India in Portugal – Mr. B. B. Tyagi, Prof. Moniz Pereira and Rão Kyao.

This initiative, promoted by the **Yoga Portuguese Confederation** gathered more than 1000 adults, between Masters, Professors, Instructors and Yoga practitioners, and one hundred children, also them Yoga practitioners, coming from North to South of Portugal, and from all the World. This Day is candidate in the **UNESCO** / and the **ONU** to become officially the **FIRST GLOBAL DAY OF HUMANITY** – on the **SOLSTICE, JUNE 21st**, (it is always celebrate on the next Sunday). It is a Day when for 24 hours there is no bloodshed, Inter Ethnic, Inter Cultural and Inter Religious. It is a Day for Human Fraternity, the Day of Light and Intelligence, a Day for Tolerance. It Began in 2001 and is celebrated since 2002, and it gathers every year the main Political National Parties, the most important Religions in the World, and renowned personalities, besides the more reputable World Yoga Schools.





Besides Portugal and India (Motherland of Yoga), were also represented the United States (East Coast, West Coast and Hawaii), Russia, Argentina, Chile, Brazil, Spain, France, Italy, England, Norway, Austria, Ukraine, Poland, Belgium, Greece, Malaysia and Singapore.



Engineer Margarida Mesquita Cardoso



Professor Moniz Pereira

At the Opening Ceremony the Gandhi-Sérgio Vieira de Mello Award, with which the **Yoga Portuguese Confederation** highlights the work made on behalf of Just Globalism, Inter-Ethnic Equality, Brotherhood and Social Contribution, was given to the Engineer Edgar Cardoso (posthumously) having been received by his nephew, Engineer Margarida Mesquita Cardoso, and to the internationally renowned athletics coach Prof. Moniz Pereira.



Advanced Yoga of PASHUPATI

This year, the awarded with the Homage Award was one of the first Yoga Teachers in Portugal – Prof. Clotilde Ferreira – Master Rupa. The Career Award was given to Tara Michäel, PhD in Indian Studies, Samskrta Scholar and author of several books on Yoga.



Homage Award
Professor Clotilde Ferreira – Master Rupa



Career Award
Tara Michäel



PASHUPATI and OMKÁRA on stage

This Day was already officially proclaimed in India in 2011 – December 4th and 5th – in a Summit that joined the Main Traditional Yoga Lineages of India, with the Co-Organization for the Yoga Portuguese Confederation (the only Institution outside of India that was accepted in this Summit). Since then, the number of Countries and Yoga Institutions that were joined to this movement has grown exponentially, and this year of 2013, the International Day of Yoga - IDY was celebrated in more than 30 Cities throughout the World.

THE CITY HALL OF LISBOA was the host of this Grand Celebration, having been a structural partner of this Global Project, contributing along with the EMBASSY FROM INDIA, the NATIONAL PLAN FOR ETHICS IN SPORTS, the INATEL FOUNDATION and the OLIMPIC COMITÉ OF PORTUGAL, for its valorization and divulging. Also the High Commissary or Immigration and Intercultural Dialogue, UNICEF, Pró-Dignitate Foundation, Youth Foundation, Portuguese Institute of Youth, e and all the Hindu Community from Portugal support this initiative.



The fabulous Art of Rao Kyao and his music



The symbiosis of the Flute of Rao Kyao and the Advanced Yoga of the Pashupati, in Yoga and Art



The Official Entities

The presence of the Official Entities (from right to left): Dr. Nagendra – President of the Vivekananda Yoga University (S-VYASA) – India, Hon. Mr. Justice H L Gokhale – Judge of the Supreme Court of the Government of India, His Excellency the Ambassador of India in Portugal – Mr. B. B. Tyagi, Dr. Manuel Brito – City Councilman of Sports, Education and Civil Protection from the City Hall of Lisbon, Dr. José Lima Coordinator of the National Plan for Ethics in Sports (PNED), Dr. António Rola – representative of the Sports Direction of the INATEL Foundation. At the opening ceremony of this Day was also present the Godmother of this Project, Dr.^a Maria Barroso – President of the Pro Dignitate Foundation.



The Promotor of the International Day of Yoga - IDY – President of the Yoga Portuguese Confederation – H.H. Jagat Guru Amrta Súrjánanda Mahá Rája and Dr. Maria Barroso

The World's Main Religions joined together Bless the International Day of Yoga - IDY and the Planet



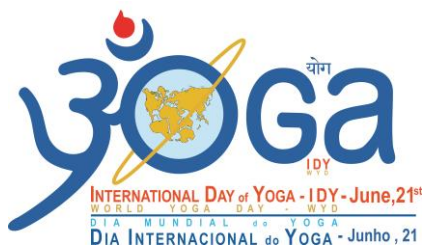
The Main Religions, and Philosophies, of the World on stage – and their powerful vows

The representatives of the Main Religions and Philosophies joined their hands in the name of Peace, and blessed the Planet together, in the firm purpose to appeal to their Leaders to stop Humanities' bloodshed (under the name of a Creating Principle), emphasizing the richness in diversity, tolerance and appeal for us to highlight what we have in common in the name of Human Fraternity. It was also read a message from His Reverend Excellency the Auxiliary Bishop of Lisboa – D. Nuno Brás da Silva Martins. The presents were (from right to the left): representing the Rádha Kshna Temple Portugal - Shastriji Nitesh kumar Trivedic; representing Hinduism – India, H.H Pujya Svámin Paramatmánanda; the President of the Yoga Portuguese Confederation - H.H. Jagat Guru Amrta Súrýánanda Mahá Rája; representing the Israeli Community of Lisboa - Rabi Eliezer di Martino; representing the Orthodox Greak Church of Constantinople - Father Alexandre Bonito; representing the Italian Sikh Union - Hari Singh Kalsa; representing the Evangelic Presbyterian Church of Portugal - Pastor Sitanela; representing the Direction of the Portuguese Buddhist Union - Dr. António Faria; representing the Shiva Temple in Portugal – Mr. Kantilar Vallabhdas; representing the Sufi Order Naqshbandi - Mr. Abdal Latîf, follower of the Grand Master Mawlana Shaykh Nazim; representing the Baha'i faith Community – Mr. João Castela Jacques; representing the Meditation of Reconciliation – Miss Maria José Passanha.

International and National Yoga Schools



All the Yoga Schools on stage – India, Americas, Europe with Portugal included



The World and National Yoga Schools were strongly present on the International Day of Yoga - IDY not only on the June - 23rd as well as on the previous day, at the World Conference of the Darshana / Philosophy and Science (from right to left): H.H. Svámin Paramátmánanda Sarasvatí Mahá Rája – General Secretary of the Hindu Dharma Acharya Sabha – India, Subodh Tiwari – Administrator of the Kaivalyadhama Yoga Institute – India, H.H. Jagat Guru Amrta Súryánanda Mahá Rája – President of the Yoga Portuguese Confederation, H.H. Gurudev Svámin Amrit Desai – Director of the Amrit Yoga Institute, Sadasivanathaswami from the Kauai's Hindu Monastery, Svámin Nirliptánanda – Director Spiritual Leader of the London Sevashram Sangha – England, Dr. Chandra Bhandari – Former Ambassador of India and Yoga Professor, Svámin Rámachandránanda – United States, Dr.ª Shirley Telles – representative of the Patānjali Yogpeeth, Sister Jaymini – Brahma Kumaris, Brahma Kumaris Mara Gomes – Brahma Kumaris Portugal, Maháprabhu Das – Director of Communications of ISKCON from Belgium and Europe and General Secretary of the Hindu Forum from Belgium and Europe - Belgium, Nalanie Chellaram – representative of the Integral Yoga International and Member of the Board of Direction of the Satchidananda Ashram-Yogaville – Spain, Jose Manuel Abeleira – representative of Master Iyengar – Spain, Balvinder Chandiook Ji – Art of Living – representative of H.H. Shri Shri Ravi Shankar, Michael Kissener – representative of Svámin Veda Bharati - Yoga Research Institute – India, Dr. Dilip Sarkar – Presidente da International Association of Yoga Therapists, Rajan Narayánan - Secretary of the International Council of Yoga Accreditation – USA, Hari Singh Khalsa – President of the Sikh Italian Union – Italy, Thierry Van Brabant – Director of the Centre Santosha Thierry Van Brabant – Belgium, Maria Maleviti – representative of the Eva Ruchpaul Institute – Greece, Maestro Surabhi - President of FEYS Spanish Yoga Federation Satsanga – Spain, Maestro Manuel Paz – Madhava - President of la Asociación de Yoga SANATANA DHARMA and Vice-President of the Iberian Yoga Confederation – CONFIBERYO – Spain, Pundit Radheshyam Mishra – Director of the Ujjain Yogalife Society – India, Manoj Thakur – SVYASA Singapore – Singapore, Yogacharya Yudhisthira Maharaj - Maestro Isidro Fernández - Director of the Escola Argentina do Yoga and Ayrveda – Argentina, Svámin Shankara Sarasvatí - Guru And Spiritual Leader of the Unishankara Yoga Ashram – Brazil, Prof. Ingunn Hagen – Norway, Prof. B M Hedge – India, Dr. Adarsh Deepak – Chairman of The Aksha University (NASA scientist), Prof. Leszek Kulmatycki – Poland, Dr. Arpan Bhatt – tablá Professor– India, Dr. Alex Hankey PhD – professor of Advanced Physics on the VYASA University - England, Master Chandra Devi – President of the Yoga Lusa federation, Marina Issakova – representing the Yoga Federation of Russia, Dr. Alice Paulo – representative of the Yoga Federation of the South, and the Yoga Regional Federations, Master Catarina Ferreira – representative of the Yoga Regional Associations of the North and the 5 Yoga Regional Associations of Portugal, Inst. Mónica Neves – representing the Áshrama of Madeira's Island of the Yoga Portuguese Confederation, Inst. Krshna Jobanputra – representing the Yoga Portuguese Confederation's Schools in England.



The opening ceremony of the International Day of Yoga - IDY for Children was made on stage by the Children's Choir of Santo Amaro de Oeiras, under the motto MY BLUE PLANET, which on May 2012 won the International Competition of the Global Rockstar, among 350 musics from all the World which lead them to participate on the Summit of Earth, in Rio de Janeiro. After the performance of the Children's Choir a Yoga Class specially dedicated to a hundred and a half children present was held.



Santo Amaro de Oeiras Children's Choir



Yoga for Children – for the Defense of the Future – of self-responsibility and the preservation of the ecosystems and Fraternity



Bhárata Nathá Yama Presentation by the Shiva Rája Group

The Celebrations also emphasized the work devoted to Solidary Smile – Association of Support to Social, Environmental, and Cultural Causes, AGROBIO - Portuguese Association of Organic Farming, and LPN – Nature Protection League.



**Dr. Miguel Mendes
One of the Founders of the Solidary Smile**



**Engineer Jaime Manuel Carvalho Ferreira
President of AGROBIO**

The Gr. International Yoga Master Jorge Veiga e Castro / H.H. Jagat Guru Amrta Súryánanda Ji Mahá Rája – President of the Yoga Portuguese Confederation emphasized that “this is a new Age of respect for Life, where we highlight what we have in common and simultaneously the wealth in diversity”. The goal is to celebrate the first day when no one will die unless it is from natural causes, beginning a new Age of respect for human life, where no one dies by guns, assassination, car accidents, etc. Portugal is being pioneer in the conquest of this new awareness, with the creation of the First Global Day, accepted by every civilization, culture and beliefs. The Future will be like that and we want to be the ones that will start the Future. Here a group of Grand World Leaders are gathered, and a constellation is a city of stars; hence we are honored to have among us a true constellation of radiant sages.”



Presentation of Mantra / Kirtana by Choir and Orchestra OMKÁRA of Yoga Portuguese Confederation with the prestigious participation of Dr. Arpan Bhatt – Tabla teacher from India

DARSHANA WORLD CONFERENCE / PHILOSOPHY AND SCIENCE
June, 22nd (Saturday)



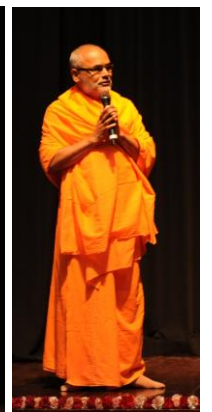
The Omkára at the Opening of the Darshana Day



Mr. Subodh Tiwari – Administrator of the Keivalyadhama
Yoga Institute



Dr. Nagendra – President of the
Vivekánanda Yoga University of
Bengaluru - India and NASA
Scientist



H.H. Svámin Paramátmánanda
Sarasvatí Mahá Rája – General
Secretary of the Hindu Dharma
Acharya Sabha

As always on the Day before – Saturday, June the 22nd, was held the DARSHANA WORLD CONFERENCE / PHILOSOPHY AND SCIENCE this time at the FÓRUM LISBOA. This cycle of Conferences counted with the participation of the World Grand Yoga Masters and International and National Yoga Schools, among them H.H. Svámin Paramátmánanda Sarasvatí Mahá Rája – General Secretary of the Hindu Dharma Acharya Sabha, Dr. Nagendra – President of the Vivekánanda Yoga University of Bengaluru - India and NASA Scientist, Subodh Tiwari - Administrator of the Keivalyadhama Yoga Institute, H.H. Gurudev Svámin Amrit Desai – Director of the Amrit Yoga Institute, Philosophers, Scientist and Medical Doctors, among many others.



The Magic of the PASHUPATI Presentation

During the afternoon we counted with a show of beauty and harmony, by the Pashupati –Traditional Advanced Yoga Demonstrators, in an homage to India, the Motherland of Yoga, representing the “Churning of the Ocean of Milk”, or “Samudra Manthan” – one of the Myths of Creation of the Vedic Literature.



MĀYĀ – Amateur Theater Group of the Yoga Portuguese Confederation

This Day also counted with a presentation from the MĀYĀ – Amateur Theater Group of the Yoga Portuguese Confederation which brought to stage the “Aphorisms of Tradition – the Sandals of the Master and other stories” with Traditional Hindu Stories and from the Popular Wisdom.



What is the International Day of Yoga - IDY

The International Day of Yoga - IDY is a precursor Candidate to the United Nations / UNESCO to be the FIRST GLOBAL DAY, it is celebrated in a Cosmic Auspice – Supra Cultural – a Solstice – June, 21st – (always celebrated at the following Sunday when not coincident).



The Opening of the International Day of Yoga - IDY

Professors of the Yoga Portuguese Confederation and of Portugal, the children, the World and the Future

It is a Day for the Human DNA, for Global Awareness - Inter Ethnic, Inter Cultural, and for Inter Religious Ecumenism. For a Just Globalism, and to fade the World's; Day of Light and the Intelligence associated to it, and for Humanity – 24 hours without any bloodshed in the entire Planet. It is Celebrated the high importance the Human Beings and the Nations have in common, for the respect of the richness in Diversity – ethnics, cultural, and the Ecosystems. For the Importance of personal development and the self-demand and self-responsibility – and the human / Cosmic relation.

It is also the day when Portugal attracts the highest Individualities of Yoga from India and the World, the most prestigious International and National Yoga Schools, and gathers the most important Religions in the World, and International and national Scientists, and also representatives of the National Political parties.

CONTACTS

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