



MORE THAN 1100 PEOPLE PARTICIPATED INTERNATIONAL DAY OF YOGA - IDY COMMEMORATIONS - 2011 - LISBOA

Organization by YOGA PORTUGUESE CONFEDERATION, with the support of LISBOA CITY HALL, INATEL FOUNDATION and OLYMPIC COMMITTEE OF PORTUGAL



Over 1100 practitioners in the International Day of Yoga - IDY Commemorations - 2011 in Lisboa performing a Super Ásana Sequence - Purusha Namaskára

First World Day Inter Ethnic, Inter Cultural and Inter Religious - Celebrating the Human DNA
Siza Vieira and Maria Barroso were among the personalities present

This celebration, a prime candidate for UNESCO to become a First Worldwide Holiday, brought together on June 26th in Lisbon more than 1100 adult participants and more than 150 children on this international initiative organized by the Yoga Portuguese Confederation. The renown Architect Siza Vieira, who on this day received the Gandhi / Sergio Vieira de Mello Award, and Maria Barroso - the godmother of the event, that recited a poem alluding Sophia de Mello Breyner Andresen, were some of the personalities who attended this day for World Peace which also had the participation and support of the major Yoga Masters in India, USA, Canada, North Africa, Egypt and Europe - France, Spain, Italy, England, Holland, Belgium, Greece, Switzerland, Germany, and Portugal, as well as representatives of the major World Religions, among other figures.

On the post day of June 26th the INATEL Stadium in Lisbon, was the stage for the International Day of Yoga - IDY Commemorations, an initiative promoted by the Yoga Portuguese Confederation for over 10 years already, and which this year attracted more than 1100 adults practicing yoga, and more than 150 children, supporters and curious, coming from the North to the South of Portugal, from all origins and faiths.





PASHUPATI and OMKÁRA on stage



The Advanced Yoga of PASHUPATI

Candidate at UNESCO to become the First Worldwide Holiday (celebrated on the Sunday immediately after if not coincident) – at the Solstice, June 21st - a Day of World Fraternity, Inter Ethnic, Inter Cultural and Inter Religious, and for 24hours without bloodshed in the World, counted with the participation and support of the main Yoga Masters in India, USA, Canada, North Africa, Egypt and Europe - France, Spain, Italy, England, Holland, Belgium, Greece, Switzerland, Germany, and Portugal, as well as representatives of the major World Religions , among other figures.



Homage to the Architect Siza Vieira



Poetry and Dr. Maria Barroso

The Architect Siza Vieira and Dr. Maria Barroso, were some of the national personalities who attended this event, also supported by other prestigious entities such as the Lisbon City Hall, the Indian Embassy in Portugal, the INATEL Foundation, the Olympic Committee of Portugal, the High Commissioner for Immigration and Intercultural Dialogue, the Oriente Foundation, the Pro Dignitate Foundation, Youth Foundation, the Portuguese Youth Institute, CP - Trains of Portugal, Lisbon Tourism and the Hindu Community of Portugal, among others.





The major World's Religions for the first time together to bless the World and this International Day



The Major World's Religions on stage - and its powerful blessing

For the first time in the World representatives of the major religions joined hands in the name of peace, and blessed the planet together, in a firm commitment to appeal to their leaders to stop the bloodshed in Humanity (on behalf of a Creator God), emphasizing the richness of diversity, tolerance and to highlight what we have in common on behalf of Human Fraternity: Father Nuno Amador - Head of Pastoral University as spokesman of the Auxiliary Bishop of Lisbon; H.H. Svámin Paramátmánanda Sarasvatí Mahá Raj – representative of Svámin Dayánandi Ji and Secretary General of the Hindu Dharma Acharya Sabha - India; Jagat Guru Amrta Súrjánanda Mahá Rája - President of the Yoga Portuguese Confederation; Sheikh David Munir - Imam of the Central Mosque of Lisboa; José Carp - President of the Jewish Community of Lisboa; Father José Salvador - President of the Synod of the Evangelical Presbyterian Church of Portugal; Father Alexandre Bonito - Greek Orthodox / Constantinople Church; Shaykh Ahmad Dedé - Sufi Community (Netherlands); Dr. Isabel Correia - Portuguese Buddhist Union; Acharya Nitish Ji Trivédi - Hindu Community of Portugal; Palmira Bastos Ferreira - Baha'i Faith Community.





The Grand Alliance of the Traditional Yoga - India and Portugal with the presence of Dr. Bawa Jain - Secretary General of the World Council of Religious Leaders

Throughout the day were several commemorative activities took place: a Mega Yoga Class, presentations of Kirtana by the Choir and Orchestra - OMKÁRA, Yoga Demonstrations by the PASHUPATI - Advanced Traditional Yoga Demonstrators Group for Adults and Children, and MÁYÁ – Didactic Amateur Theatre Group - all of the Yoga Portuguese Confederation, the Indian Dance of Indian School Dance of UK, Sitar Recital by Mr. Ajay Sharma - Director of Rikiram - India, presentations of International and National Yoga Schools such as ISKCON - Hare Krishna Movement, Brahma Kumaris, Kundalini Yoga, Traditional Yoga Federation of France represented by its President Master André Riehl who made a presentation of Traditional Mantra of Yoga, the ancient practice of True Dynamic Sufi Meditation, a presentation of Tabla by Prof. Raimund Engelhard of Germany, the artistic Dance performance of Ave Maria of Gounod by Sandra Rosado the First Ballet Dancer of former Ballet Gulbenkian, among others.



Mr. Ajay Sharma – the Sitar Recital



Master André Riehl, Professor Vitor Moreira and Mantra





The presence of the invited Yoga School - ISKCON - Hare Krishna Movement International



Ave Maria of Gounod by the First Ballet Dancer of the Former Ballet Gulbenkian



Practice of the invited Yoga Schools - the Kundalini Yoga



Traditional Sufism

The celebrations also emphasized the hard work of QUERCUS - National Association for Nature Conservation, APAV - Portuguese Association for Victim Support and ACAP - Association for the Blind and Partially Sighted of Portugal, with a Yoga class for blind people, on stage, showing a demonstration of this ancient practice.

A highlight for the morning, when the Yoga Portuguese Confederation awarded the Gandhi / Sergio Vieira de Mello Award, that each year emphasizes the work done for the Globally Fairness, Inter-Ethnic Equality and Fraternity, and Social Contribution.





The delivery of Gandhi / Sérgio Vieira de Mello Award to QUINO and Arch. Siza Vieira

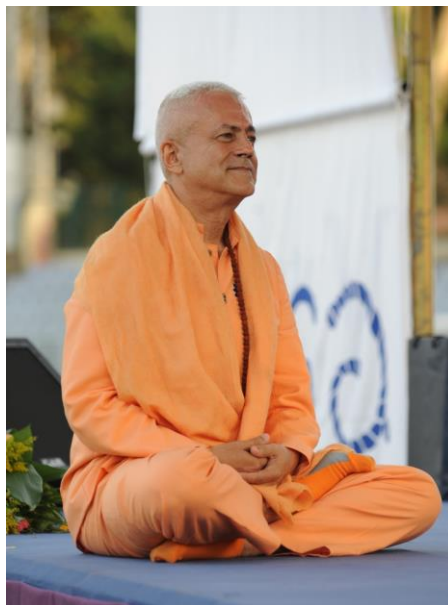
The Architect Siza Vieira was the awarded of this year, after in 2010 the award being delivered to former President of the Republic Dr. Mario Soares. Also, the cartoonist Quino was awarded with the Gandhi / Sérgio Vieira de Mello award received by the Minister Jorge Diaz de Biasi, Argentine Consul in Portugal and representative of the Embassy of Argentina.



Yoga for Children – for the defense of human values and for the activation of human mental capacity

The Opening of the International Day of Yoga - IDY for Children was made on stage with a Yoga demonstration for Children, followed by a special Yoga class dedicated to the more than one hundred and fifty children who went to the INATEL stadium.





Jagat Guru Amrta Súryánanda Ji Mahá Rája

The Grand Master H.H. Jagat Guru Amrta Súryánanda Ji Mahá Rája, President of Yoga Portuguese Confederation, told reporters that "the human race needs to have conscience that was born for a common DNA, needs to realize that has a Planet to care and that peaceful solutions and diplomacy should outweigh the conflicts, for us, for our descendants, so that our planet has a future, and so that Human Fraternity is full field." This is why "every year we do a mega Yoga class that expands consciousness, and has been attracting Grand Masters from India and from all the world," adding that "Yoga transmutes the DNA of each practitioner through decades of practice" and remembering that "this is the largest concentration of Yoga Masters outside of India."



The Mantra / Kirtana of Choir and Orchestra OMKÁRA of Yoga Portuguese Confederation





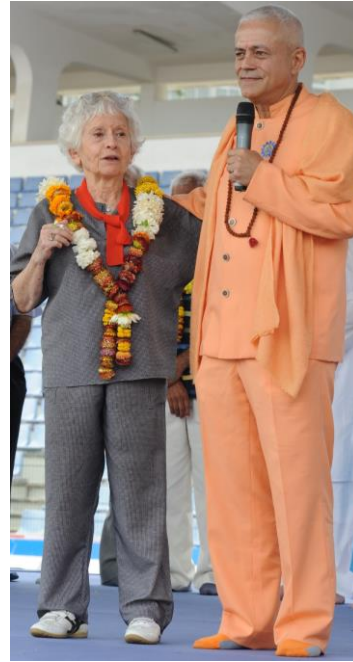
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All Yoga Schools on Stage - India, Americas, Africa and Europe with Portugal included

Also to point out the presence of Their Holiness Svámin Paramátmánanda Sarasvatí and Svámin Samvidánanda - representing the Hindu Dharma Acharya Sabha of India, Dr. Bawa Jain - Secretary General of the Council of the World Religious Leaders, Svámin Anubhavananda and Keivalyadhama Yoga Institute of India, Svámin Yadunandana representing ISKCON – Hare Krishna Movement of India, Dr. Nagendra - President of Vivekánanda Yoga University in Bengaluru - India and NASA scientist, the Reverend Master of European Yoga - Madame Eva Ruchpaul - Paris, France (one of the first European Yoga Masters), Master André Riehl - President of the French Federation of Traditional Yoga, Antoinette Layon Ambassador of the Francophone Federation of Canada, Marcus Freed representative of the Yoga Teachers Association of Jews of United States, Brahma Kumaris Mara Gomes representing H.H. B.K. Dadi Janki of India, Joana Cordeiro representing Shri Shri Ravi Shankar, the scientist Prof. Dr. Alex Hankey of UK, and Dr. Maria e Lurdes de Oliveira Castanheira - Mayor of Gois City Hall (who gave her testimony for celebrating this initiative also in the city of Gois). These distinguished Guest appeared not only on June 26th at the INATEL Stadium, but also on the previous day, on the Day of Sámkhya.





A Tribute to Portugal's First Yoga Teacher - Prof. António Pedro with the Grand European Master Eva Ruchpaul

It was also awarded the Career Tribute Award to Professor António Pedro - the first Yoga Professor in Portugal - who in the 60's founded the Cairo Miranda Institute in Lisboa. This award in which the Yoga Portuguese Confederation distinguishes the oldest Yoga Teachers of Portugal and the World, was given by the hands of Professor Maria Emilia Costa and honored by the Reverend Master of European Yoga - Madame Eva Ruchpaul of France.



Some of the Grand World Yoga Masters at the DAYMUNDY 2011 - Lisboa





Philosophy Day – of Sámkhya and of Darshana (Saturday)



Speakers of the Sámkhya and Darshana Day

On the previous day (Saturday – 25th) and also as part of the celebrations of International Day of Yoga - IDY was celebrated the Day of Philosophy - of Sámkhya and of Darshana. The event consisted of a set of Lectures by the Grand World Yoga Master, held in the Noble Salon of Junta de Freguesia de S. João de Brito, where were also present Prof. Dr. Paulo Borges - President of the Buddhist Union of Portugal, Dr. Antonio Faria - researcher in the field of Sciences of Religions, Mr. Luis Aires - Director and Lecturer at the Senior University, and experts in Samskṛta (and Devanāgarī) from India.



Presentation of PASHUPATI – IN THE BEGINNING

The Fabulous PASHUPATI Presentation (Advanced Traditional Yoga Demonstration Group) evoking the creation of the universe (over 13 750 million years ago, the Big Bang - Mahá OM) with Advanced Ásana - during the Sámkhya and Darshana Day.





The Cosmos and the Exhibition of Prof. Máximo Ferreira

At night in a Conference of Astronomy in the Planetarium Calouste Gulbenkian a lecture was given by Professor. Dr. Máximo Ferreira, followed by the direct observation of the cosmos through professional telescopes assigned by the Centro de Ciência Viva de Constância.

Reception of the Yoga Portuguese Confederation at the Lisboa City Hall



In the historic Hall of the Municipal Council of Lisboa, the capital of Portugal

On the following Monday (27th) the delegation of the Great Schools and Masters of Yoga was received at the Lisboa City Hall by Councilman Manuel Brito of the Sport and Education Areas where it was noted that the Grand Master of Yoga H.H. Jagat Guru Amrta Súryánanda Ji Mahá Rája is an Ambassador of Portugal and of Intercontinental Peace around the planet.





What is the International Day of Yoga - IDY

The International Day of Yoga - IDY is a precursor candidate to the United Nations and UNESCO to a First Worldwide Holiday celebrated in a Cosmic Auspice - Supra Cultural - a Solstice - June 21st - (always celebrated on the following Sunday when not coincident).



The Opening of DAYMUNDY, the Teachers of Yoga Portuguese Confederation, and of Portugal Children, the World and the Future

It's a Day for Human DNA, for Global Consciousness - Inter Ethnic, Inter Cultural, Inter Continental, and for Inter Religious Ecumenism. For a equitable globality, and the blurring of global inequalities, for Life, Intelligence, Culture of Diplomacy against war, for World Fraternity, and for Humanity. It celebrates the high importance of what human beings and nations have in common, for the Cult for Life, the respect for the richness of diversity - ethnic, cultural, and of ecosystems. For the importance of personal development and self-responsibility - human / Cosmic connection.

It is also the Day that attracts to Portugal the most high level personalities of Yoga of India and of the world, the most prestigious International and National Yoga schools, and brings together the major World Religions, and also representatives of major National Political Parties.

For more information:

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